

## “VEGETARIAN & VEGAN”

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### VEGETARIAN MENU

#### **EGGPLANT PARMISANA WITH MARINARA**

Breaded Eggplant topped with Mozzarella & Marinara Sauce

#### **PORTOBELLO STUFFED MUSHROOM**

Stuffed with Spinach & Cheese

#### **GNOCCHI WITH CREAM SAUCE**

Mushroom Rosemary Cream Sauce

#### **LASAGNA**

Layered with Spinach, Cheese & Marinara Sauce

#### **ZITI WITH ROASTED VEGETABLES**

Baked Ziti with Marinara & Roasted Vegetables

## “GLUTEN FREE”

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### VEGETARIAN MENU

#### **LEMON ROSEMARY CHICKEN**

Grilled Chicken with Lemon Rosemary Citrus Sauce

#### **GLUTEN FREE PASTA MEDITERRANEAN STYLE**

Artichokes, Tomatoes, Olives, Capers & Feta Cheese

### VEGAN MENU

#### **LENTIL SALISBURY STEAKS**

Topped with a Mushroom Gravy Sauce

#### **CAULIFLOWER CAKES**

Topped with a Romesco Sauce

#### **ALFREDO ZOODLE PASTA**

Zucchini Noodles with Almond Milk Cream Sauce

#### **MEDITERRANEAN PASTA**

Zucchini Noodles, Artichokes, Tomatoes, Olives with Hummus Sauce

#### **CHICKEN FLORENTINE**

Stuffed with Spinach & Cheese. Topped with Country Sauce

#### **EGGPLANT LASAGNA**

Layers of Eggplant, Spinach Cheese & Marinara Sauce